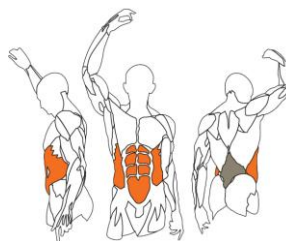


L610 – Ab / Low back

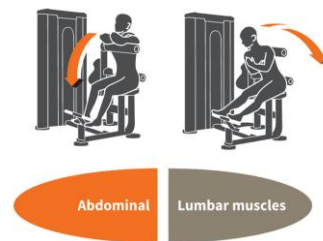
TR Series



muscles:



It allows for a dual exercise:



Specifications	
Length	104 cm / 41"
Width	110 cm / 43"
Height	152 cm / 60"
Weight	201 kg / 443 lbs
Weight stack	90 kg / 200 lbs

Adjustable training arm with 6 different positions



Enables you to select different starting positions, to choose between an abdominal or lumbar exercise.

Adjustable support roller with 12 different positions



The selector has 12 working angles that offer maximum adaptability to the shape, height and constitution of the user. This enables full adjustment.

Photovoltaic technology in strength equipment: *Optional Photovoltaic Monitor*



Our monitors provide useful information for the user:

- Didactic aim:** Help the users to check whether the rep was
- Causes motivation:** It encourages the users to improve the exercise
- Helps to user loyalty:** The desire of self-improvement in repetitions, lifted weight or burned calories, promotes motivation and user loyalty to the center.
- Information provided:**
 - Right repetitions completed
 - Percentage completed
 - Range of exercises in each repetition
 - Calories
 - Total weight lifted
 - Rest time between sessions