

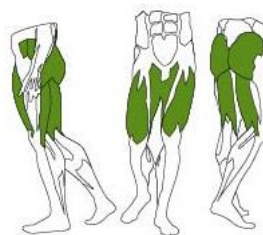
L340 – Total hip

TR Series

BH



muscles:
gluteous, quadriceps,
adduction, abduction,
ischiotibial



Specifications

Length	100 cm / 39.4"
Width	129 cm / 50.8"
Height	148.5 cm / 58.5"
Weight	256 kg / 564 lbs
Weight stack	91 kg / 200 lbs
Optional weight	125 kg / 275 lbs

Support platform with height adjustment

A pull knob and a handle holding at the platform help the user to get the ideal height in order to align the hip with the rotation axis.



The training arm is adjustable to a 180° range of movement.



With 11 different working positions that make possible perform different kind of exercises.

Photovoltaic technology in strength equipment: *Optional Photovoltaic Monitor*



Our monitors provide useful information for the user:

Didactic aim:

Help the users to check whether the rep was

Causes motivation:

It encourages the users to improve the exercise

Helps to user loyalty:

The desire of self-improvement in repetitions, lifted weight or burned calories, promotes motivation and user loyalty to the center.

Information provided:

- Right repetitions completed
- Percentage completed
- Range of exercises in each repetition
- Calories
- Total weight lifted
- Rest time between sessions