







Specifications	
Length	112 cm / 44"
Width	78 cm / 31"
Height	240 cm / 94"
Weight	85 kg / 187 lbs

Anatomical back support pad



This pad is shaped with the same angle of the back, to keep it fully supported during the exercise.

Multi-position grips



Allow the realization of two different exercises: dips and abdominal crunches.

Headrest and double padded support for the forearm. Provide an easier support and tight fixing points for the arms and back during the exercise ensuring the correct position at all times.

Headrest

Grips on top



Grips on top, which allow the users to make chin-ups.

