

L835 – Crunch bench

TR Series

BH



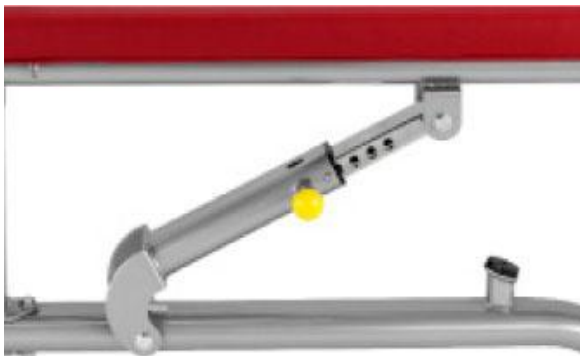
muscles:
largest abdominal and
oblique



Specifications

Length	173.8 cm / 68.4"
Width	72.5 cm / 28.5"
Height	89.9 cm / 35.4"
Weight	40 kg / 89 lbs

Back rest inclination adjustment at different levels of inclination



The user is easily placed in the optimum position.

Double roll to support and fix the leg position



Acts as a support and a fixing point for the user, avoiding the risk of injuries due to incorrect postures.