

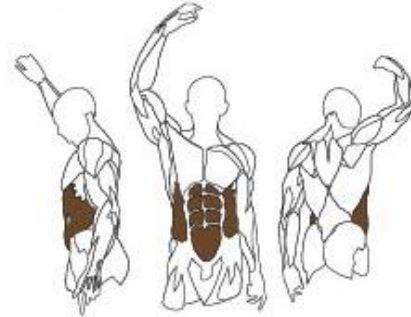
L800 – Abdominal flexor bench

TR Series

BH



muscles:
largest abdominal and
obliquous



Specifications

Length	112 cm / 44.1"
Width	78 cm / 30.7"
Height	155 cm / 61"
Weight	69 kg / 152.1 lbs

Double pair of multi position grips



Enables different kind of holding for a more varied exercise.

Double padded support for the forearm



Provides an easier support and tight fixing points for the arms and back during the exercise ensuring the correct position at all times