

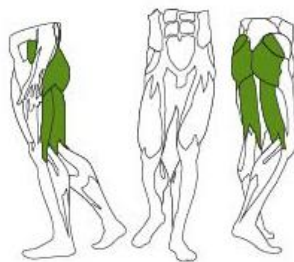
L330 – Gluteous kneeling

TR Series

BH



muscles:
gluteous, ischiotibial



Specifications

Length	107 cm / 42"
Width	105 cm / 41.5"
Height	148.5 cm / 58.5"
Weight	192 kg / 423 lbs
Weight stack	91 kg / 200 lbs

Non-absorbent and non-slip rubber grips



Absorbs shocks and it's more resistant to breakage and microorganisms.

Non-slip rubber platform to support the user's feet



Prevents the foot from slipping or sliding, thus preventing injury.

Photovoltaic technology in strength equipment: *Optional Photovoltaic Monitor*



Our monitors provide useful information for the user:

Didactic aim:

Help the users to check whether the rep was

Causes motivation:

It encourages the users to improve the exercise

Helps to user loyalty:

The desire of self-improvement in repetitions, lifted weight or burned calories, promotes motivation and user loyalty to the center.

Information provided:

- Right repetitions completed
- Percentage completed
- Range of exercises in each repetition
- Calories
- Total weight lifted
- Rest time between sessions