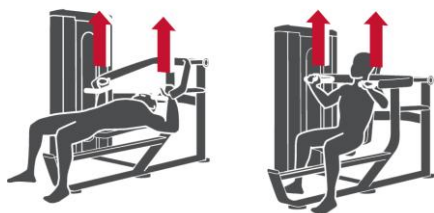


L080 – Shoulder / Chest press

TR Series



It allows for a dual exercise:



Chest press
(horizontal and
inclined)

Shoulder press

Specifications

Length	193 cm / 76"
Width	132 cm / 52 "
Height	152 cm / 60"
Weight	212 kg / 467 lbs
Weight stack	90 kg / 200 lbs



Incline press



Shoulder press



Horizontal press

Photovoltaic technology in strength equipment: *Optional Photovoltaic Monitor*



Our monitors provide useful information for the user:

Didactic aim:

Help the users to check whether the rep was

Causes motivation:

It encourages the users to improve the exercise

Helps to user loyalty:

The desire of self-improvement in repetitions, lifted weight or burned calories, promotes motivation and user loyalty to the center.

Information provided:

- Right repetitions completed
- Percentage completed
- Range of exercises in each repetition
- Calories
- Total weight lifted
- Rest time between sessions